

## **Dr. Scarano Completes C.C.W.P. Program**

LAKE HIAWATHA, NJ, April 8, 2010 – It with great pleasure that Santiago Chiropractic Associates announces that Dr. Julie L. Scarano has completed the requirements of the International Chiropractic Association's Council on Wellness Science to obtain credentialing as a Certified Chiropractic Wellness Practitioner, C.C.W.P.

The C.C.W.P. program provides Doctors with scientific evidence and documentation regarding all aspects of holistic chiropractic wellness care through 4 Modules:

- Scientific and Philosophical Validation of the Chiropractic Wellness Paradigm
- Wellness Nutrition and Natural Health
- Wellness Physical Fitness and Spinal Hygiene
- Wellness State of Mind, Emotional Health and Secrets of Eliciting Patient Lifestyle Change

As a Certified Chiropractic Wellness Practitioner, Dr. Scarano will serve as a source of information for all patients wishing to add to their chiropractic experience, by also committing to "Eat Well, Move Well and Think Well!"

"At a time when our health care system is so fragile and unpredictable, it is the most important time to take our health into our own hands and learn the many ways in which we can prevent ourselves from having to rely on our government to determine the care we need," says Dr. Scarano.

"In the past, we have been taught to believe that people get sick because of bad genes, bad germs, or bad luck. However, 70-85% of diseases today are lifestyle induced. Health is a matter of choice, not chance, and it is my goal to educate our patients to understand the true definition of health, teaching them why people are getting sick and what the genetic requirements are to get them well and to stay well."

If you would like more information on taking the first steps toward a healthier lifestyle, please call or stop by the office or ask Dr. Scarano during your next visit to Santiago Chiropractic Associates.

Yours in good health,

### **Santiago Chiropractic Associates**

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